



BTC Adult Tennis Clinics – Winter/Spring 2019

CARDIO TENNIS

Mondays 9:00 – 10:00am

High energy tennis fitness class that provides a great aerobic workout!

All Levels

\$20 member/\$30 non-member

Instructor: Rafa Cirne Lima

ACE SERVE CLINIC

Mondays 10:00 – 10:30am

Focus on serves, warm-up/serving techniques and drills. Exercises for strengthening shoulder and service motions.

\$15 member/\$25 non-member

Instructor: Morten Christensen

READY 2 START

Mondays 7:30 – 8:30pm

Clinic for players who have one to three years of experience! Learn all the shots and how to get your game going!

\$25 member/\$35 non-member

Instructor: Rafa Cirne Lima

MORNING PRACTICE

Wednesdays 7:00 - 8:00am

Levels 3.0 +

\$25 member/\$35 non-member

Instructors: Morten & Peter

TENNIS WORKSHOP

Tuesdays 9:00 – 10:30am

A specific clinic that focuses on different themes. We will go deep into techniques with: groundstrokes, serve/volley, and footwork.

Levels 3.5 – 5.0

\$30 member/\$40 non-member

Instructor: Morten Christensen

NEVER 2 LATE

Thursdays 11:00am – 12:30pm

For all of you who have played tennis 10+ years but are home-schooled. Get some tips to help your individual strokes get even better!

Groundstrokes, volleys, and serves

Levels 3.0 – 4.5

\$30 member/\$40 non-member

Instructor: Morten Christensen

JUST 4 WOMEN

Fridays 12:00 – 1:30pm

Start with 60 minutes of stroke technique and doubles instruction. Then, test your skills with 30 minutes of play!

Levels 2.5 – 3.5 (ladies only)

\$25 member/\$35 non-member

Instructor: Peter Benko

Please sign up for all adult tennis clinics at least 24 hours in advance. You can sign up online via the club calendar or by calling the front office.

Disclaimer - A clinic may be cancelled due to weather, lack of sign-ups 24 hours prior, etc. In this event, we will inform individuals signed up for the clinic of the cancellation via phone or email.