

Berkeley Tennis Club | Jr Development Program 2024

WINTER/SPRING | January 8th – May 10th



Class Descriptions

- Group 1: Beginners (Ages 6-7), \$450 Members/\$580 Non-Members**
Mondays, 4:00pm-5:00pm (One Day/Week ONLY)
The focus is on developing student's athletic skills, hand-eye coordination, movement, balance & fine-motor skills. Introduce basic racquet skills & fundamental technique to give the student the ability to rally.
- Group 2: Beginner/Intermediate (Ages 8-10), \$500 Members/\$650 Non-Members**
Wednesdays, 4:00pm-5:00pm (One Day/Week ONLY)
The focus is on improving players' technical skills. Develop an understanding of correct grips/preparation & positioning. Develop serving skills & learn basic rules & etiquette of the game.
- Group 2/3: Intermediate (Ages 8-13), \$1,570 Members/\$2,040 Non-Members**
Tuesdays & Thursdays, 4:00pm-5:30pm (Both Days/Week & 3 Match Fridays)
Students have the ability to rally consistently, basic serve skills & understand correct grips & court positioning. Players work on ball control (topspin/backspin) & directional control. Introduction of basic tactics & strategy for singles & doubles.
- Group 3: Intermediate*(Ages 10-13) Evaluation Required**
\$1,490 Members/\$1,940 Non-Members
Mondays & Wednesdays, 5:00pm-6:30pm (Both Days/Week & 3 Match Fridays)
Students can maintain rallies, consistent serve motion, spin & directional control, volleys & overheads. Students understand basic strategy for singles & doubles. Continued focus includes improving movement/positioning, strengthening technical skills & strategy for singles & doubles.
- Group 4: Advanced (Ages 10-15) Evaluation Required**
\$1,510 Members/\$1,960 Non-Members
Tuesdays & Thursdays, 5:30pm-7:00pm
Students have competitive experience in USTA, USPTA, or team events. A command of technical skills, rally & ball control skills, serves, volleys & overheads required. Continued focus includes reinforcing technical skills, improving court positioning/movement skills & understanding competitive strategies.